

## NOTICE OF PRIVACY PRACTICES

Shore Podiatry - Alan J. Spector, DPM  
2424 Bridge Avenue Point Pleasant, NJ 08742  
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*This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.*

We are required by law to provide you with this notice that explains our privacy practices with regards to our medical information and how we may use and disclose your protected health information for treatment, payment, and for health operations, as well as for other purposes that are permitted or required by law. You have certain rights regarding the privacy of your protected health information and we also describe them in this notice.

### **Ways in Which We May Use and Disclose Your Protected Health Information:**

Following are examples of the types of uses and disclosures of your protected health care information that may occur. These examples are not meant to be exhaustive, but to describe the uses and disclosures that may be made by our office.

Treatment: We will use and disclose your protected health information to provide, coordinate or manage your health care and any related services. We will also disclose protected health information to other physicians who may be treating you. In addition, we may disclose your protected health information from time to time to another physician or health care provider (e.g., a specialist or laboratory) who, at the request of your physician, becomes involved in your care by providing assistance with your health care diagnosis or treatment to your physician.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, we may include information with a bill to a third-party payer that identifies you, your diagnosis, procedures performed, and supplies used in rendering the service.

Health Care Operations: We will use and disclose your protected health information to support the business activities of our practice. For example, we may use medical information about you to review and evaluate our treatment and services or to evaluate our staffs performance while caring for you. In addition, we may disclose your health information to third party business associates who perform billing, consulting, or transcription services for our practice.

### **Other Ways We May Use and Disclose Your Protected Health Information:**

Appointment Reminders: We will use and disclose your protected health information to contact you as a reminder about scheduled appointments or treatment.

Treatment Alternatives: We will use and disclose your protected health information to tell you about or to recommend possible alternative treatments or options that may be of

interest to use.

*Others Involved in Your Care:* We will use and disclose your protected health information to a family member, a relative, a close friend, or any other person you identify that is involved in your medical care or payment for care.

*Research:* We will use and disclose your protected health information to researchers provided the research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information.

*As Required by Law:* We will use and disclose your protected health information when required to by federal, state, or local law. You will be notified of any such disclosures.

*To Avert a Serious Threat to Public Health or Safety:* We will use and disclose your protected health information to a public health authority that is permitted to collect or receive the information for the purpose of controlling disease, injury, or disability. If directed by that health authority, we will also disclose your health information to a foreign government agency that is collaborating with the public health authority.

*Worker's Compensation:* We will use and disclose your protected health information for worker's compensation or similar programs that provide benefits for work-related injuries or illness.

*Inmates:* We will use and disclose your protected health information to a correctional institution or law enforcement official if you are an inmate of that correctional institution or under the custody of the law enforcement official. This information would be necessary for the institution to provide you with health care; to protect the health and safety of others; or for the safety and security of the correctional institution.

## **Your Health Information Rights**

Although your health record is the physical property of the health care practitioner or facility that compiled it, the information belongs to you. You have the right to:

*Inspect and Copy:* You have the right to inspect and copy the protected health information that we maintain to you in our designated record set for as long as we maintain that information. This designated record set includes your medical and billing records, as well as any other records we use for making decisions about you. Any psychotherapy notes that may have been included in records we received about you are not available for your inspection or copying by law. We may charge you a fee for the costs of copying, mailing, or other supplies used in fulfilling your request. If you wish to inspect or copy your medical information, you must submit your request in writing, or fill out a release of information form provided by our office to our privacy officer, c/o Shore Podiatry; 2424 Bridge Avenue Point Pleasant, NJ 08742. You may mail your request to the above listed address, fax to (732) 899-8501, or bring it to our office. We will have 30 days to respond

to your request for information that we maintain at our practice site. If the information is stored off-site, we are allowed up to 60 days to respond but must inform you of this delay.

*Request Amendment:* You have the right to request that we amend your protected health information. Your request must explain why the information should be amended. Our office can provide this form for you to fill out, otherwise submit your request in writing. We may deny your request if we did not create the information you want amended or for certain other reasons. If we deny your request, we will provide you a written explanation. You may respond with a statement of disagreement to be appended to the information you wanted amended. If we accept your request to amend the information, we will make reasonable efforts to inform others, including people or entities you name, or the amendment and to include the changes in any future disclosures of that information.

*Restriction Requests:* You have the right to request that we place additional restrictions on our use or disclosure of your protected health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency). Any agreement we may make to a request for additional restrictions must be in writing signed by a person authorized to make such an agreement on our behalf or a form will be provided by our office. We will not be bound unless our agreement is so memorialized in writing.

*Accounting of Disclosures:* You have the right to receive a list of instances in which we or our business associates disclosed your protected health information for purposes other than treatment, payment, health care operations and certain other activities after April 14, 2003. After April 14, 2009, the accounting will be provided for the past six (6) years. We will provide you with the date on which we made the disclosure, the name of the person or entity to whom we disclosed your protected information, a description of the protected health information we disclosed, the reason for the disclosure, and certain other information. If you request this list more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests. Contact us using the information listed at the end of this notice for a full explanation of our fees structure.

*Confidential Communication:* You have the right to request that we communicate with you in confidence about your protected health information by alternative means or to an alternative location, and continues to permit us to bill and collect payment from you.

*File a Complaint:* If you believe we have violated your medical information privacy rights, you have the right to file a complaint with our privacy officer or directly to the Secretary of Health and Human Services. You can either submit a written notice, or a form will be provided to you from our office.

*Uses or Disclosures Not Covered:* Uses or disclosures of your health information not covered by this notice or the laws that apply to us may only be made with your written authorization. You may revoke such authorization in writing at any time and we will no longer disclose health information about you for the reasons stated in your written

authorization; a form from our office may be provided to you for your convenience. Disclosures made in reliance on the authorization prior to the revocation are not affected by the revocation.

*For More Information:* If you have questions or would like additional information, you may contact our office at (732) 899-8501.